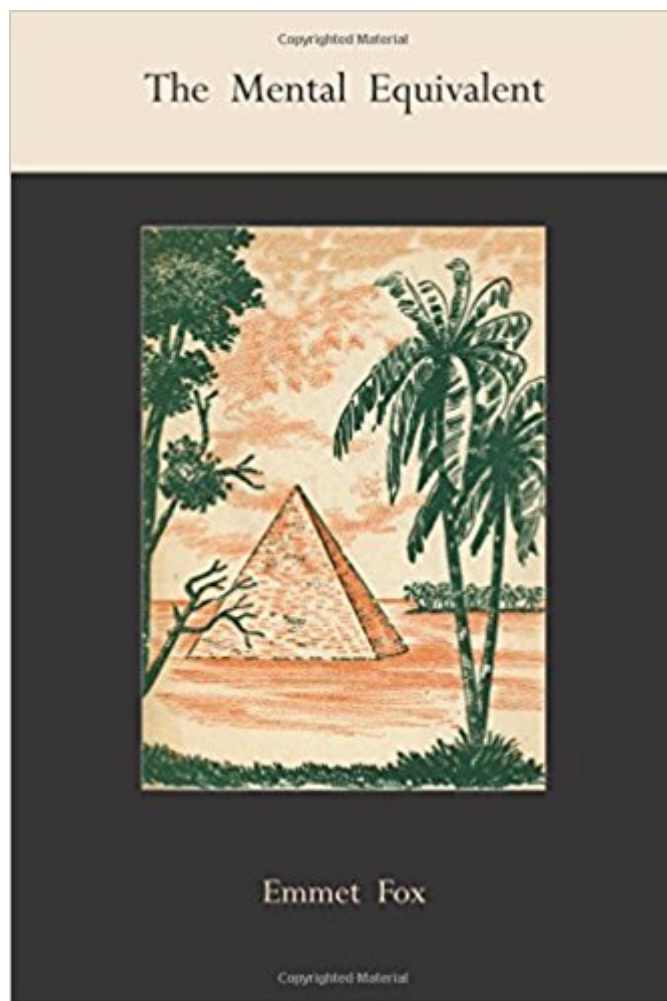


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# The Mental Equivalent



## Synopsis

2011 reprint of 1953 edition. Emmet Fox (1886-1951) was born in Ireland, and is a famous New Thought spiritual leader of the early 20th Century. He had a large influence on the founding of Alcoholics Anonymous. His writing, especially "The Sermon on the Mount," became popular in AA. Fox taught that the foundation for all true productive expression was positive thinking. The technique involved having conscious awareness of our daily thought process and connectivity to God in order to realize any change or manifestation in the external environment. This concept was also taught by many mystics, including Rumi, Jesus, Buddha, Gandhi, and others from across all wisdom traditions. Fox believed that the doctrine of the mental equivalent was an essential metaphysical teaching; the doctrine that you will receive that for which you provide the mental equivalent.

## Book Information

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Best Sellers Rank: #274,367 in Books (See Top 100 in Books) #64 in Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #142 in Books > Religion & Spirituality > Hinduism > Chakras #625 in Books > Religion & Spirituality > New Age & Spirituality > Spiritualism

## Customer Reviews

Emmet Fox (1886-1951) was one of the most influential spiritual leaders of the twentieth century and a pioneer of the New Thought movement. His bold, dynamic message proclaiming that our thoughts shape our reality has changed the lives of millions across the world and influenced many key contemporary spiritual writers such as Wayne Dyer, Esther Hicks, and Louise Hay, all of whom have tapped into the power of positive thinking. Fox's other key works include Power Through Constructive Thinking and Alter Your Life. --This text refers to the Hardcover edition.

I can't even remember when I bought this from . But it still remains on my coffee table next to my reading chair. I mean it sits there right this second. I make my kids read this. I rank it up there with my favorites of all time. Trying to think right now what book I liked better. Only one or two come to mind. This thing is easy reading and if you are a spiritualist...this book calls you on the spot! Don't be a dead fish!

I have owned this book for a while, in book form, and on my Kindle. It was on YouTube where Rev. Ike made mention of Emmet Fox's book *The Mental Equivalent* that caused me to re-read it with complete and total understanding. This book is awesome and a must read... and a must put into practice daily. As stated by Emmet Fox "The door of the soul opens inward." Amen!

I use this book for everything..It helps with my meditation and keeps me on the path of Spiritual Truth. I highly recommend this book.

This one's a quick read, but valuable. As with other Fox works, he includes apt metaphors and easy to remember instructions. Fox makes metaphysics accessible and practical.

Beautifully written easy to read

This book by Emmet Fox helps one more fully understand the metaphysical approach to spiritual awareness. It outlines the non emotional approach to control of your life through realizing the presence of God. All Emmet Fox books are extremely inspiring. Complex ideas are presented in a very understandable manner.

Love this booklet!

This book made a difference in my life 33 years ago. Made me change my mind, made me look at things differently; made me wonder what else I didn't know. I bought it again to give away

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